

Historic, archived document

Do not assume content reflects current scientific knowledge, policies, or practices.

No. 210

March 8, 1938

MORE NUTS

With steadily increasing supplies of nuts and nut kernels on the market, housewives are interested in different ways of using them. The latest leaflet prepared by the Bureau of Home Economics of the U. S. Department of Agriculture has about 25 recipes and many additional suggestions for appetizing dishes containing nuts.

It tells how to blanch, salt, and roast nuts; how to make them into nut butters and nut pastes; how to use them for various purposes from soup to macaroons. Those who observe the Lenten season strictly will find the recipes for nut loaves, croquettes, and stuffings useful. There are suggestions for enriching quick breads, yeast rolls, cookies, cakes, and pies with nuts. And candy-makers will find half a dozen nut confections to choose from.

One may get a copy of the leaflet, which is free while the supply lasts, by writing to the U. S. Department of Agriculture, Washington, D. C., for Miscellaneous Publication No. 302.

#

